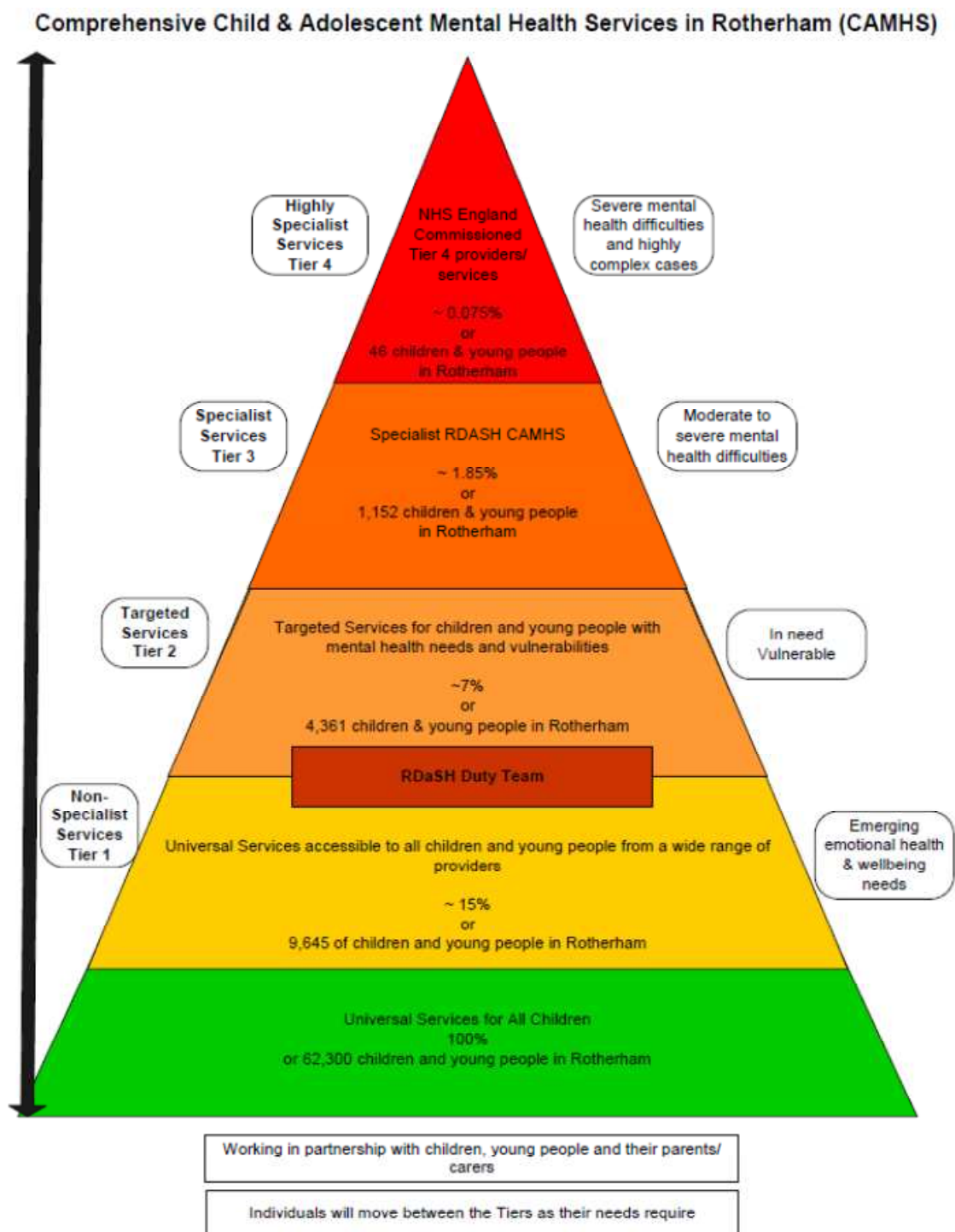


Overview of Child and Adolescent Mental Health Services in Rotherham



Kurtz Z. Treating Children Well London: Mental Health Foundation, 1996.

NB Figures and percentages in each Tier are estimates based on national prevalence numbers

Tier	Description	Professionals providing the service include but are not limited to	Function/Service
4	Essential tertiary level services such as day services, highly specialised out-patient teams and in-patient units	<p>Services provided by professionals, usually on the basis of a multi-disciplinary team approach</p> <ul style="list-style-type: none"> • Child and adolescent psychiatrists • Clinical child psychologists • Nurses (community or inpatient) 	<ul style="list-style-type: none"> • Child and adolescent inpatient units • Secure forensic units • Eating disorder units • Specialist teams (e.g. for sexual abuse) • Specialist teams for neuro-psychiatric problems
3	Specialised services for more severe, complex or persistent disorders such as depression & eating disorders	<ul style="list-style-type: none"> • Child psychotherapists • Occupational therapists • Speech and language therapists • Art, music and drama therapists • Family Therapists 	<p>Services offered by multi-disciplinary teams:</p> <ul style="list-style-type: none"> • Assessment and treatment • Assessment for referral to T4 • Contributions to the services, consultation and training at T1 and T2
2	Services provided by professionals with training in mental health	<p>Services provided by professionals, usually on a 1:1 basis</p> <ul style="list-style-type: none"> • RDaSH CAMHS workers eg social workers, therapists, nurses, doctors, psychologists • IYSS Youth Start • Rotherham & Barnsley Mind • Education psychologists 	<p>Child and adolescent mental health services professionals should be able to offer:</p> <ul style="list-style-type: none"> • Training and consultation to other professionals (who might be in T1) • Consultation to professionals and families • Outreach • Assessment • Therapeutic interventions
1	Services provided by a wide range of commissioned and non-commissioned providers	<p>Services provided by professionals, usually on a 1:1 basis</p> <ul style="list-style-type: none"> • GPs • Midwives • Health visitors • School nurses • Social workers • Teachers & pastoral support • Integrated Youth Support workers • Education psychologists • Paediatricians • Voluntary services 	<p>Child and adolescent mental health services at this level are provided by professionals working in universal services who are in a position to:</p> <ul style="list-style-type: none"> • Identify mental health problems earlier in their development • Offer general advice • Pursue opportunities for mental health promotion and prevention

Mental Health Services for Children in Rotherham - Tiered Model

